



NEW ZEALAND (/NEWS/NATIONAL) / COVID-19 (/NEWS/COVID-19)

## Covid-19 isolation requirements: What to do if you're a contact

5:42 pm on 19 August 2021

The Director-General of Health has reminded the public of the rules around isolation

(RNZ, 2021)



The government graphic for self-isolation under the Covid-19 alert level four lockdown. Photo: Supplied

There were more than 360 contacts formally identified as of the Thursday 1pm coronavirus update, with more expected.

Today, Dr Ashley Bloomfield said: "Isolation by close contacts when in alert level 4 requires them to isolate separate from other household members. So it's not isolating within the household bubble.

"As of [Thursday] morning, more than 360 individual contacts have been identified - this does exclude contacts from large settings like Avondale College and the Central Auckland Church of Christ where there is still an assessment under way.

"Throughout today that number will continue to increase significantly...

"If people have been at a location of interest remember ... to isolate if you are not already, in other words if you are an essential worker. It does mean you can't go out to the supermarket or the pharmacy or anywhere else while you are doing that. Call Healthline for advice."

Bloomfield reiterated that under the latest section 70 order, people were legally required to isolate and be tested if they were at a location of interest.

"There is a separate section 70 notice that applies to the household contacts of a person who has been at a location of interest. Under that section 70 notice, and this is a new thing, they are required to isolate as well - and this means they can't go out for any purpose and if they are an essential worker they have to isolate - until that person who has been at a location of interest has returned a negative test after day five."

### Current locations of interest in New Zealand

Updated: Thu 19 Aug 2021, 6.00pm

Location name	Address	Day	Time
<b>Auckland Locations</b>			
New World Mt Roskill	53 May Road, Mt Roskill, Auckland 1041	Tuesday 17 August	7.00 pm - 7.20 pm
New World Green Bay	64 Godley Road, Green Bay, Auckland 0604	Tuesday 17 August	7.00 pm - 8.00 pm
Bus 25B City Centre to Blockhouse Bay	Bus 25B	Tuesday 17 August	1.45 pm - 2.15 pm
Mamak Malaysian Restaurant	50 Kitchener Street, Auckland Central, 1010	Tuesday 17 August	1.15 pm - 1.30 pm
Auckland University of Technology	2 Governor Fitzroy Place, Auckland Central, Auckland 1010	Tuesday 17 August	11.30 am - 1.00 pm
Bus 25B Blockhouse Bay to City Centre	Bus 25B	Tuesday 17 August	11.00 am - 11.30 am
KFC Botany Downs	452 Ti Rakau Drive, Botany Downs, Auckland 2013	Tuesday 17 August	10.30 am - 10.40 am
Countdown Botany Downs	Cnr Te Irirangi Drive & Ti Rakau Drive, Botany Downs, Auckland 2023	Tuesday 17 August	10.20 am - 10.30 am

Botany Town Centre Bus Stop	Town Centre Dr, East Tamaki, Auckland 2013	Tuesday 17 August	9.52 am - 9.57 am
Bus #70 Pakuranga Town Centre to Botany Town Centre	Bus 70	Tuesday 17 August	9.38 am - 9.52 am
Unichem Pharmacy Birkenhead	Birkenhead Avenue Shop 28, Highbury Shopping Centre	Tuesday 17 August	9.15 am - 9.30 am
Passion Bakery	34 Birkdale Road, Birkdale, Auckland 0626	Tuesday 17 August	8.30 am - 9.45 am
New World Mt Roskill	53 May Road, Mt Roskill, Auckland 1041	Monday 16 August	7.00 pm - 7.20 pm
Green Bay Takeaways	568 Godley Road, Green Bay, Auckland 0604	Monday 16 August	4.00 pm - 4.15 pm
Coyle Park (Point Chevalier Beach)	Point Chevalier Road, Point Chevalier, Auckland 1022	Monday 16 August	2.00 pm - 2.45 pm
Pizza Hut Birkenhead	3/75 Mokoia Road, Birkenhead, 0626	Monday 16 August	1.30 pm - 2.00 pm
Devonport Pharmacy Devonport	33 Victoria Road, Devonport, Auckland 0624	Monday 16 August	2.15 pm - 2.30 pm
Passion Bakery	34 Birkdale Road, Birkdale, Auckland 0626	Monday 16 August	12.45 pm - 1.15 pm
Countdown Birkenhead	Cnr Highbury Pass & Birkenhead Ave, Birkenhead, 0626	Monday 16 August	12.30 pm - 12.45 pm
Z Harris Road Service Station	142 Harris Road, East Tamaki, Auckland 2013	Monday 16 August	12.00 pm - 12.10 pm
Avondale College	51 Victor Street, Avondale, Auckland 1026	Monday 16 August	8.45 am - 12.00 pm
Warehouse New Lynn	7/13 Rata Street, New Lynn, Auckland 0600	Monday 16 August	7.45 am - 8.15am
Countdown Birkenhead	Cnr Highbury Pass & Birkenhead Ave, Birkenhead, 0626	Monday 16 August	7.00 am - 7.15 am
BP Northcote	50 Northcote Road, Northcote, Auckland 0627	Sunday 15 August	7.15 pm - 7.30 pm
Countdown, Lynfield	570 Hillsborough Road, Mount Roskill, 1041	Sunday 15 August	8.00 pm - 8.15 pm
KFC Takapuna	1 Taharoto Road, Takapuna, Auckland 0622	Sunday 15 August	5.50 pm - 6.30 pm
Laundromatic - Chartwell	27 Chartwell Avenue, Glenfield, 0629	15/08/2021, 5:25 pm	15/08/2021, 5:29 pm
Chartwell Liquor	27 Chartwell Avenue, Glenfield, 0629	Sunday 15 August	5.25 pm - 5.29 pm
Movie Monterey, Takapuna	32 Anzac Street, Takapuna, Auckland 0622	Sunday 15 August	3.36 pm - 5.45 pm
Countdown Takapuna	10 Barrys Point Road, Takapuna, Auckland 0622	Sunday 15 August	3.20 pm - 3.30 pm
The Pumphouse Theatre	2A Manurewa Avenue, Takapuna, 0622	Sunday 15 August	1.30 pm - 7.30 pm
Glenfield Mall / Katsubi Japanese	Glenfield Road & Downing Street, Glenfield, 0629	Sunday 15 August	1.00 pm - 2.00 pm
Pascoes, Glenfield Mall	Glenfield Road, Auckland	Saturday 15 August	1.00 pm - 1.15pm
Latin Market near La Pachamama	Near 179a Archers Road, Glenfield, 0629	Sunday 15 August	12.30 pm - 12.45 pm
Elliot Stables	1/41 Elliott Street, Auckland Central, 1010	Sunday 15 August	12.10 pm - 1.00 pm
Pak n Save Wairau	30-60 Wairau Road, Glenfield, 0627	Sunday 15 August	11.00 am - 12.00 pm
BP Birkenhead	172-178 Mokoia Road, Birkenhead, 0626	Sunday 15 August	10.30 am - 10.45 am
Central Auckland Church of Christ	52 Hepburn Street, Freemans Bay, Auckland 1011	Sunday 15 August	10.15 am - 12.02 pm
Mobil Don Buck	Don Buck and Triangle Road, Massey, Auckland 0614	Saturday 14 August	10.15 pm - 10.20 pm
The Good Home Birkenhead	83 Birkenhead Avenue, Birkenhead, 0626	Saturday 14 August	6.30 pm - 10.00 pm
Countdown Glenfield Mall	Cnr Bentley Ave &, Glenfield Road, Glenfield, 0629	Saturday 14 August	5.00 pm - 5.15 pm
Pak n Save Wairau Road	30 Wairau Road, Wairau Valley, Auckland 0627	Saturday 14 August	3.20 pm - 3.50 pm
Pascoes, Glenfield Mall	Glenfield Road, Auckland	Saturday 14 August	11.30 am - 11.45 am
McDonalds Glenfield	Cnr Glenfield &, Kaipatiki Road, Glenfield, 0629	Saturday 14 August	1.00 am - 1.15 am
Bar 101	18 Elliott Street, Auckland CBD, Auckland 1010	Saturday 14 August	3.00 am - 3.15 am
Sky City Casino	72 Victoria Street West Auckland Central	Saturday 14 August	1.15 am - 3.00 am
Bar 101	18 Elliott Street, Auckland CBD, 1010	Friday 13 August	11.43 pm - 1.13 am
Bar 101	18 Elliott Street, Auckland CBD, Auckland 1010	Friday 13 August	11.33 pm - 1.15 am
McDonalds Stoddard Road	22 Stoddard Road, Wesley, 1041	Friday 13 August	10.00 pm - 10.30 pm
Liquor King Ponsonby	254 Ponsonby Road, Ponsonby, 1011	Friday 13 August	8.15pm - 8.45 pm
Brews Ponsonby	250 Ponsonby Road, Ponsonby, Auckland 1011	Friday 13 August	8.00 pm - 8.15 pm
Domino's Pizza Beach Haven	104 Beach Haven Road, Beach Haven, Auckland 0626	Friday 13 August	7.45 pm - 8.00 pm
Chu Thai Eatery	224 Ponsonby Road, Ponsonby, 1011	Friday 13 August	6.30 pm - 8.00 pm
Black Bull Liquor Store	54 Northcote Road, Northcote, 0627	Friday 13 August	6.40 pm - 6.45 pm
Countdown Birkenhead	Cnr Highbury Pass, Birkenhead, 0626	Friday 13 August	6.00 pm - 6.30 pm
Albany Westfield Mall	219 Don McKinnon Drive, Albany, 0632	Friday 13 August	5.10 pm - 6.30 pm
Sweat Shop Brew Kitchen	7 Sale Street, Freemans Bay, Auckland CBD, 1010	Friday 13 August	9.00 pm - 12.00 am
Liquor King Ponsonby	254 Ponsonby Road, Ponsonby, Auckland, 1011	Friday 13 August	6.15 pm - 6.30 pm
Foodcourt Westfield Albany	219 Don McKinnon Drive, Albany, Auckland 0632	Friday 13 August	5.45 pm - 6.15 pm
Kmart Westfield Albany	219 Don McKinnon Drive, Albany, Auckland 0632	Friday 13 August	5.30 pm - 5.45 pm
HYPE DC Westfield Albany Mall	Shop 254/219 Don McKinnon Drive, Albany, Auckland, 0632	Friday 13 August	5.22 pm - 5.29 pm
JB HiFi Westfield Albany	219 Don McKinnon Drive, Albany, Auckland 0632	Friday 13 August	5.15 pm - 5.30 pm
Stirling Sports Westfield Albany	219 Don McKinnon Drive, Albany, Auckland 0632	Friday 13 August	5.00 pm - 5.15 pm
West City Henderson	7 Catherine Street, Henderson, Auckland 0612	Friday 13 August	4.20 pm - 6.00 pm



Mitre 10 Mega - Glenfield	15 Poland Road, Wairau Valley, Auckland 0627	Friday 13 August	3.15 pm - 3.45 pm
Starbucks Queen Street	220 Queen Street, City Centre, 1010	Friday 13 August	12.15 pm - 12.30 pm
Avondale College	51 Victor Street, Avondale, Auckland 1026	Friday 13 August	8.45 am - 3.15 pm
Hirepool Equipment Hire	301 Puhinui Road, Papatoetoe, Auckland 2025	Friday 13 August	8.30 am - 8.45 am
Hoyts Cinemas - Wairau Park	15 Link Drive, Wairau Valley, Auckland 0627	Friday 13 August	6.00 pm - 8.30 pm
Denny's CBD	51 Hobson Street Auckland CBD, 1010	Friday 13 August	1.00 am - 1.30 am
Burger King - Wairau Park	22 Link Drive, Wairau Valley, Auckland 0627	Thursday 12 August	5.30 pm - 6.00 pm
Bus 25B City Centre to Blockhouse Bay	Bus 25B	Wednesday 11 August	2.30 pm - 3.00 pm
Novi Lunch Bar	25 Bowden Road, Mount Wellington, Auckland 1060	Thursday 12 August	1.45 pm - 2.00 pm
Subway East Tamaki	Cnr Springs Rd &, Kerwyn Avenue, East Tāmaki, Auckland 1125	Thursday 12 August	1.45 pm - 2.00 pm
Unique Hardware Rosedale	1/16 Arrenway Drive, Rosedale, Auckland 0632	Thursday 12 August	12.30 pm - 1.00 pm
Glasscorp Limited Albany	124 Bush Road, Rosedale, Auckland 0632	Thursday 12 August	12.30 pm - 1.00 pm
Crumb Grey Lynn	Ariki Street, Grey Lynn, Auckland, 1021	Thursday 12 August	10.00 am - 10.10 am
Avondale College	51 Victor Street, Avondale, Auckland 1026	Thursday 12 August	8.45 am - 3.15 pm
Takapuna Beach Walkway / Playground	16 The Strand, Takapuna, Auckland 0622	Wednesday 11 August	6.30 pm - 11.45 pm
Event Cinemas Queen Street	1/291 Queen Street, Auckland Central, 1010	Wednesday 11 August	1.30 pm - 4.00 pm
Countdown Lincoln Road	185 Universal Drive, Henderson, Auckland 0610	Wednesday 11 August	2.56 pm - 3.30 pm
Icco Sake Bar	601 New North Road, Morningside, Auckland 1021	Wednesday 11 August	11.30 am - 1.00 pm
St Pierres Sushi Elliot Street	20 Elliott Street, Auckland Central, Auckland 1010	Wednesday 11 August	11.30 am - 12.00 pm
Bus #97B Auckland CBD (Queen Street Viaduct) to Birkdale	Bus 97B	Tuesday 10 August	5.00 pm - 6.00 pm
Bus 25B City Centre to Blockhouse Bay	Bus 25B	Tuesday 10 August	2.15 pm - 2.45 pm
Gongcha Bubble Tea	164 Queen Street, Auckland Central, 1010	Tuesday 10 August	1.45 pm - 1.55 pm
Event Cinemas Queen Street	1/291 Queen Street, Auckland Central, 1010	Tuesday 10 August	1.30 pm - 4.00 pm
The Warehouse Auckland CBD	21 Elliott Street, Auckland Central, 1010	Tuesday 10 August	1.15 pm - 1.30 pm
St Pierre's Sushi Auckland CBD	20 Elliott Street, Auckland Central, Auckland 1010	Tuesday 10 August	1.00 pm - 1.15 pm
Bus 97B Birkdale to Auckland CBD	Bus 97B	Tuesday 10 August	11.30 am - 12.00 pm
Bus #97B Birkdale to Auckland CBD (Queen Street Viaduct)	Bus 97B	Tuesday 10 August	11.30 pm - 12.00pm
Bus 25B Blockhouse Bay to City Centre	Bus 25B	Tuesday 10 August	11.00 am - 11.30 am
Unistrut - Mt Wellington	6 Arthur Brown Place, Mount Wellington, Auckland 1060	Tuesday 10 August	10.00 am - 10.30 am
Unistrut - Mt Wellington	6 Arthur Brown Place, Mount Wellington, Auckland 1060	Monday 9 August	8.45 pm - 10.15 pm
Mexico Britomart	23 Britomart Place, Auckland Central, 1010	Monday 9 August	5.55 pm - 8.15 pm
One Stop Mechanical - Mt Wellington	15 Kalmia Street corner of, Sultan Street, Ellerslie, Auckland 1051	Monday 9 August	8.00 am - 8.30 am
The Lula Inn	149 Quay Street, Auckland Central, Auckland 1010	Saturday 7 August	11.45 pm - 12.30 am
Bar 101	18 Elliott Street, Auckland CBD, Auckland 1010	Saturday 7 August	10.30 pm - 11.45 pm
Wairau Sports Bar	75 View Road, Glenfield, Auckland 0627	Saturday 7 August	7.45 pm - 9.30 pm
The Elephant Wrestler	138 Hurstmere Road, Takapuna, Auckland 0622	Saturday 7 August	6.45 pm - 7.15 pm
The Bottle-O Glenfield	47 Downing Street, Glenfield, Auckland 0629	Saturday 7 August	3.15 pm - 3.30 pm
Subway Smales Farm	74 Taharoto Road, Takapuna, Auckland 0622	Saturday 7 August	1.00 pm - 1.15 pm
Bunnings Warehouse Glenfield	Cnr Wairau and Archers Road, Wairau Valley, Auckland, 0627	Saturday 7 August	12.45 pm - 1.00 pm
Lynn Mall	3058 Great North Road, New Lynn, Auckland, 0600	Friday 6 August	6.00 pm - 7.30 pm
Starbucks Queen Street	220 Queen Street, Auckland CBD, Auckland 1010	Thursday 12 August	12.15 pm - 12.30 pm
Countdown Lynfield	570 Hillsborough Road, Mount Roskill, 1041	Wednesday 4 August	2.45 pm - 3.05 pm
Blockhouse Bay Christian Kindergarten	76 Dundale Avenue, Blockhouse Bay, Auckland, 0600	Wednesday 4 August	10.00 am - 11.00 am
Bus 25B City Centre to Blockhouse Bay	Bus 25B	Tuesday 3 August	2.00 pm - 2.30 pm
Sumthin Dumplin	18 Wellesley Street East, Auckland Central, 1010	Tuesday 3 August	1.45 pm - 2.00 pm
MELBA Hillsborough	1/602 Hillsborough Road, Mount Roskill, Auckland 1041	Sunday 1 August	1.00 pm - 1.45 pm

#### Coromandel Locations

Star and Garter Hotel Coromandel	5 Kapanga Road, Coromandel 3506	Friday 13 August	6:39 pm - 7.40 pm
Umu Cafe Coromandel	22 Wharf Road, Coromandel, 3506	Friday 13 August	7:40 pm - 8.30 pm
BP Gas Station Coromandel	BP Gas Station, Tiki Road, Coromandel, 3056	Saturday 14 August	9:30 am - 9.40 am
Driving Creek Railway Tours Coromandel - booking office	380 Driving Creek Road, Coromandel, 3506	Saturday 14 August	10:30 am - 10.50 am
Jaks Cafe & Bar Coromandel	104 Kapanga Road, Coromandel, 3506	Saturday 14 August	10:50 am - 11.30 am
Driving Creek Railway Tours Coromandel - train tour	380 Driving Creek Road, Coromandel, 3506	Saturday 14 August	11.20 am - 1.00 pm
Hereford 'n' a Pickle Coromandel	2318 Colville Road, RD 4, Colville, Coromandel 3584	Saturday 14 August	1:25 pm - 2.15 pm


Taras Beads Coromandel	1/75 Kapanga Road, Coromandel, 3506	Saturday 14 August	3:00 pm - 3:10 pm
Richardsons Real Estate Coromandel	151 Kapanga Road, Coromandel, 3506	Saturday 14 August	3:30 pm - 3:35 pm
Umu Cafe Coromandel	22 Wharf Road, Coromandel, 3506	Saturday 14 August	6:17 pm - 7:11 pm
Star and Garter Hotel Coromandel	5 Kapanga Road, Coromandel 3506	Saturday 14 August	7:11 pm - 9:00 pm
Umu Cafe Coromandel	22 Wharf Road, Coromandel, 3506	Sunday 15 August	10:14 am - 11:10 am
Taras Beads Coromandel	1/75 Kapanga Road, Coromandel, 3506	Sunday 15 August	10:00 am - 10:05 am
Woodturners Café	3815 State Highway 2 RD6 Mangatarata	Sunday 15 August	12:40 pm - 1:25 pm

#### Ministry of Health

##### What to do

Self-isolate and call Healthline on **0800 358 5453**.

This is free and you can call any time, it is open all day every day.

 A Flourish data visualization ([https://public.flourish.studio/visualisation/7026721/?utm\\_source=showcase&utm\\_campaign=visualisation/7026721](https://public.flourish.studio/visualisation/7026721/?utm_source=showcase&utm_campaign=visualisation/7026721))

### The section 70 orders

A section 70 order (<https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus/covid-19-response-planning/covid-19-epidemic-notice-and-orders#section70>) was issued on 17 August for any person who attended the locations of interest at the times and dates set out by the Ministry of Health (MOH).

#### The order requires them to:

Isolate or quarantine at their usual place of residence (which for visitors, includes accommodation)

Report themselves for medical testing by contacting Healthline (0800 358 5453) and advise that they are a contact of a case of Covid-19

Submit themselves for medical testing for Covid-19 at a time and place appropriate to their current location and the time of their last potential exposure to Covid-19, as set out in guidance published on the Ministry of Health website

Except as required to report and submit for testing as directed: a) remain isolated or quarantined at their usual place of residence for a time as advised by, or on behalf of a Medical Officer of Health, but: b) no longer than 14 days from the date of their last potential exposure to Covid-19, as set out in guidance published on the Ministry of Health website

Another section 70 order was issued on 18 August for any household contacts of people who had been at a location of interest at the times and dates specified by the MOH.

The order, made on 18 August, requires people to "isolate or quarantine at their usual place of residence (which for visitors, includes accommodation), except as required to report and submit for testing, until the person who has been at a location of interest has received a negative day five test or until after an earlier negative test, if contact between the two people has ceased".

Failure to comply with section 70 orders is an offence under the Health Act 1956.

### The self isolation rules

The MOH says "self-isolation involves isolating away from other members of your household (for example, have no physical contact, minimise time in shared spaces and do not share items such as cutlery and linen), whilst you remain in your own home".

You should self-isolate for at least 14 days since your last contact or exposure to the confirmed case and until you are told you no longer need to do so by a public health official.

Public health officials ask you to stay at home if you are a casual plus contact, a casual contact who is experiencing Covid-19 symptoms, a member of the general public who is experiencing Covid-19 symptoms, a household member of a close contact, or a household member of a close contact who is experiencing Covid-19 symptoms.

Staying at home is simple - it means staying within your house or residence.

What it means to self-isolate at home:

You should not go to work or school. If you are unable to work from home during this time, your employer (or you, if you are self-employed) may be able to apply for leave support to help support you. For more information visit the Work and Income website.

You should maintain a 2-metre distance from your household members and should not share a bed or bedroom with any member of your household

It is important that you do not use public transport, taxis or similar transport methods

You should not have visitors in your home (including tradespeople)



If you have no symptoms you can go outside and leave your property, but you need to avoid contact with other people. It's ok to go for a walk, run or ride your bike, as long as you stay at least 2 metres away from other people. If you have any symptoms, you should not leave your property to exercise.

Where possible, ask friends or family to shop for you. If this is not possible, order supplies online. Make sure any deliveries are left outside your home for you to collect. If you need assistance, the Ministry of Social Development has information about where you can go for services and support, what you can get help with, and contact information. Visit the Ministry of Social Development website.

Minimise the time you spend in shared spaces such as bathrooms, kitchens and sitting rooms as much as possible and keep shared spaces well ventilated

If you need medical assistance, call ahead to your health provider and tell them you are a Close Contact. Clean your hands with hand sanitiser and put on a face mask before you enter any healthcare facility.

***This is an official Covid-19 ALERT.***

***All of New Zealand*** is now at Covid-19 alert level 4.

*The alert level will be reviewed after 3 days for all areas EXCEPT Auckland & Coromandel Peninsula which is likely to remain at level 4 for an initial period of 7 days.*

*A community case of Covid-19 has been identified.*

***Stay at home*** where possible & follow the Alert Level 4 guidelines. This will stop the spread of Covid-19 and SAVE LIVES.

***Everyone is asked to:***

*Wear a mask and keep a 2 metre distance from others whenever you leave your home.*

*If you are sick, call your doctor or Healthline on 0800 358 5453 for advice about getting tested.*

*Keep on scanning QR codes whenever you leave your home.*

*Practice good hygiene - wash hands often.*

*Services including supermarkets, pharmacies, clinics & petrol stations will stay open at Alert Level 4. Face coverings are mandatory for all people - both employees and customers - at businesses and services operating at Alert Level 4 involving customer contact.*

*For more information on Alert Level 4 go to [the government website [www.covid19.govt.nz](http://www.covid19.govt.nz)]*

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*As New Zealand's Lifeline Utility radio broadcaster, RNZ is required to maintain essential public information channels and news during times of national emergency and we are committed to supporting all New Zealanders.*

*We are also committed to looking after the health and well-being of our staff.*

*RNZ will continue to provide essential information services - broadcasting and publishing critical public service announcements on air, on our website and via social media channels. Comprehensive news will be available on air and via our website and digital services.*

*If necessary RNZ Concert and RNZ Pacific will carry news and information from RNZ National. Parliament will continue to be broadcast on the AM network when the House is sitting. As the country's public service media organisation, RNZ is committed to supporting all New Zealanders.*

***Kia Kaha - Stay Strong***